



# SILVER OAKS

## Memory Care

16 Coleman Place • Menlo Park, CA 94025 • (650) 322-2022

April 2023

### SAVE THE DATES



- **April 1st April Fools' Day.** We will celebrate this fun filled day with humorous short stories and famous April fools' pranks along with the laughing game.
- **April 8th Easter Celebration.** Fun filled Easter egg hunt and Easter goodies for everyone.
- **April 22nd Earth Day.** We will enjoy this day by creating a collage all about nature and the beauty that surrounds us.
- **April 23rd Jellybean Day.** To enjoy jellybean day, we are going to create beautiful bouquets of jellybeans.

*(Continued on page two ...)*



### Silver Oaks Management Team

Executive Director	Ollie Vance
Resident Care Coordinator	Shayla Brewster
Resident Development Dir	Dane DeWal
Activity Director	Linda Mittelstadt
Dietary Director	Susana Sanchez
Environmental Director	Mario Vazquez

**Business Hours**  
**Monday–Friday**  
 9:00 AM–5:00 PM  
**Weekends**  
 10:00 AM–4:30 PM

*"April is a rainbow month,  
Of sudden springtime flowers.  
Bright with golden daffodils  
And lots of pretty flowers."*





### *Welcoming New Residents*

We are pleased to welcome Yvonne, Don, Susan and Bobby to our Silver Oaks family. We are looking forward to getting to know each one of you and building beautiful memories and friendships together!

### **Protecting the Planet**

"We only have one Earth, so we need to take care of her." Those words from U.S. Sen. Gaylord Nelson expressed his goal for creating the first Earth Day in 1970. Today, more than 1 billion people in nearly 200 countries take part in various events each April 22 to help protect the planet.



### **Special Days (continued)**

- **April 3rd Unmasking Party.** Please come and join us for light refreshments and photo ops as staff and visitors are finally able to remove our masks! We are looking forward to seeing all of your beautiful smiles! Please RSVP with [Linda@silveroaksmc.com](mailto:Linda@silveroaksmc.com). More details TBD!
- **April 4th Special Easter Craft.** Our community is doing a special Easter craft on April 4th at 2:00pm. We have recruited one of our family members to put in an extra hand. We are looking for more volunteers to help assist our residents in this very special Easter craft. This event will be sure to bring a sense of pride and many smiles. Please email [linda@silveroaksmc.com](mailto:linda@silveroaksmc.com) if you are interested!



### **Bringing Beautiful Color to Our Patio!**

Since Spring has sprung, our community is going to spruce up our patio to enjoy throughout the Spring and Summer! We are working to make our patio bright and welcoming and our own little peaceful getaway. We are working together and purchasing new patio furniture with vibrant colors that will catch the eye and sprucing up our gazebo by filling our planter boxes with beautiful flowers. Also, we will have a birdbath to just relax and watch mother nature in action. This will not happen all at once, but we have a picture in our mind's eye. We look forward to watching it unfold.



### **Brainteaser**

**Question:** Ed planted four rows of flowers. The daffodils are right behind the tulips, but before the dahlias. The zinnias aren't in the first or last rows, and the flowers in the first row don't begin with the letter D. What's the order of the flowers?

**Answer:** First, tulips, then the daffodils, zinnias and dahlias.

## Walk to End Alzheimer's 2023

This year's Walk to End Alzheimer's will be held on October 14th in Silicon Valley Lake Cunningham Park. They say the early bird catches the worm; this is why we are getting an early start so we can raise a significant amount for the study and cure for this disease that robs people of their precious memories. Danielle, our community Resident Developer, is working closely with the Alzheimer's Association to set up a special link that we will share at a later date. If you'd like to join our team on the walk, let us know and we can assist you in registration. Let's work

together and put our best foot forward to make the difference happen!



*Together We Can Make a Difference!*



## Protection From the Sun

As you have read from page two, we look forward to spending more time outdoors. We want to ensure that all of our residents have the proper protection from the sun. We ask families and friends to please ensure that your loved ones are prepared. The following items will make them more comfortable:

- A hat that will protect the face and neck.
- Sunglasses that help sensitive eyes.
- Sunscreen lotion (for face, neck, and body)
- Clothing appropriate for warmer weather and sun exposure

## Our Deepest Sympathy

*Our deepest sympathies to the families and friends of Joyce and Cecily. Hoping that time will heal your hearts. Joyce and Cecily will be missed by all of us. Please accept our deepest condolences and may all be at peace. We are so grateful for the time that we were able to spend with each of them.*



## A Word From Our Staff to Family, Friends, And Residents

Our Silver Oaks team would like to thank each one of you for your patience and courtesy through the difficult times of the pandemic. It has not been easy for any of us, especially all of you. Now is time to turn a new page and look for the silver lining. Wonderful things are coming our way and it will be nice once again to see your smiling faces. We have a lot of fun events on the horizon, and we are hoping that you can join from time to time and keep the good times rolling! Thank you for all the kind words and support that you have given us all along the way!

Sincerely,  
The Silver Oaks Team



# It's Spring!

Best wishes for a bright and happy season.



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