



# SILVER OAKS

## Memory Care

16 Coleman Place • Menlo Park, CA 94025 • (650) 322-2022

### December 2022

#### Special Events

##### Pictures With Santa

Come bring the family and enjoy an afternoon of refreshments and photos with Santa and your loved one!

**Tuesday, Dec. 13th, from 2:30-3:30pm.** We will be hosting in our front lobby. Please contact Danielle or Linda for further details and to RSVP. Happy Holidays and we hope to see you there!

##### Community Holiday Luncheon

We invite loved ones to join us for a holiday luncheon, **Monday, Dec. 19th, at 12:00pm.** Limit one loved one per resident. Please RSVP to Activity Director, Linda.

##### Toys for Tots Drive

This year Silver Oaks is reaching out to spread the joy of the season by hosting a "Toys for Tots" toy drive to be collected and handed out by our local fire department. Please help us bring alive the spirit of the season and spread joy to the little ones by making a donation.

##### New Year's Celebration

Silver Oaks will be ringing in the New Year, **Friday, Dec. 30th!** Party hats, noise makers, hor d'oeuvres, little glasses of bubbly sparkling cider, and resolutions for 2023. Happy Holidays and Happy New Year!



#### Silver Oaks Management Team

Executive Director ..... Ollie Vance  
Resident Care Coordinator ..... Joie Regoso  
Resident Development Director ..... Dane DeWal  
Activity Director ..... Linda Mittelstadt  
Dietary Director ..... Garet Chavez  
Environmental Director ..... Mario Vazquez

**Business Hours**  
Monday-Friday  
9:00 AM-5:00PM  
Weekends  
10:00AM-4:30PM





### Welcoming New Residents

We are pleased to welcome Nancy, Dolores, and Tony to our Silver Oaks family. We are looking forward to getting to know each one of you and building beautiful memories and friendships together!

### Sweet and Festive Craft

Create a shiny holiday tree with chocolate candy kisses. Cover a Styrofoam cone shape with a piece of foil, then attach the candies to the cone with glue or toothpicks. Start with a single row around the bottom and keep adding rows of candies until the cone is covered. This is such a fun Holiday craft that will surely make the holiday season merry! Hopefully we can get this fun project done without eating all the yummy candy kisses first. Happy Holidays from our home to yours!



### Special Days in December

- December 2nd- **Lighting the Christmas tree**, carols, and festive refreshments
- December 4th- **National Cookie Day**: we will enjoy decorating Holiday cookies
- December 7th- **Pearl Harbor Remembrance Day**: we will reminisce on this special day with trivia, patriotic songs, and a salute to our flag to remember the fallen
- December 9th- **Christmas Card Day**: we will make homemade cards for our loved ones
- December 12th- **Gingerbread House Day**: we will be building gingerbread houses together
- December 13th- **Hot Cocoa Day** along with festive toppings and holiday music
- December 15th- **Decorating holiday cupcakes** and peppermint tea!
- December 17th- **Ugly Holiday Sweater Day**: make sure to wear your ugliest holiday sweater, or shirt!



### Ollie: Executive Director

We would like to welcome Ollie to our Silver Oaks family! Ollie is originally from San Diego but decided to settle down in the bay area and has resided here for the last four years. Ollie served our country in the United States Navy for ten years. She is a very easy-going person, so be sure to stop and say hello when you see her around. Ollie has a Bachelor of Business in Health Administration and also has experience in administration, staff development, knows CPR, and has a training background in memory care.

### Joie: Resident Care Coordinator

Welcome Joie to our Silver Oaks Team! She has taken the position of Resident Care Coordinator and we are blessed to have her aboard. Joie was born in the Philippines. She moved to the United States at the age of twelve. When she is not busy at work, she loves to play badminton. Joie is very excited to be part of the Silver Oaks team!

*Give them a big welcome to our Silver Oaks family!*

## Giving Back This Holiday Season: Toys for Tots and Food Drive

This holiday season, Silver Oaks is working with our local Menlo Park fire department to collect Toys for Tots. We are looking forward to giving back to our community just as they do for ours. So please join in the effort to bring the holiday spirit alive by giving to others in need. All you have to do is donate a toy for a girl or boy of all ages. We are also hosting a holiday food drive this year. We are so thankful for what we have and would like to reach out to those who are less fortunate and give to those in need. So, we invite our family members to donate

nonperishable foods. It's the most wonderful time of the year to make a difference and spread the joy! Let's make a difference together as this is truly what the holiday spirit is all about.



## Have a Cozy Night In

Why go out when you can stay in and have an evening all to yourself? If you find yourself feeling guilty for saying no to activities and relaxing instead, focus on making your night at home a special one. Dress in your coziest socks and sweats, warm up a soothing beverage, dim the lights, and settle in with a book or feel-good movie for some ultimate me time.



## Our Deepest Sympathy

*Our deepest sympathy to the family and friends of Gloria. Hoping that time will heal your hearts. Gloria will be missed by all of us. Please accept our deepest condolences and may Gloria be at peace. We are so grateful for the time that we were able to spend with her.*



## Resident Spotlight

### Carol

Carol is one of the most giving and kindhearted people I know. She is soft spoken and kind to all. She is always ready to join the fun and encourages her fellow residents to do their best. She has a wide range of hobbies including reading, knitting, art. She is always willing to help a friend and loves to lead little groups such as art or knitting. Every day, she has a smile and a kind word to say just to make your day that much brighter, and we sincerely love her for that. Since it is the month of December, I thought that it would be fitting to put Carol in our resident spotlight as she was born on Christmas Day, December 25th! She is very proud that her parents named her Carol in honor of the holiday season. What a truly lovely lady. Our Silver Oaks community is so blessed to have her.





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