



SILVER OAKS Memory Care

16 Coleman Place • Menlo Park, CA 94025 • (650) 322-2022

May 2022



Silver Oaks Management Team

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| Executive Director | Nancy Rubio |
| Resident Care Coordinator | Adriana Garcia |
| Director Of Resident Development . | Mike Duran |
| Activity Director | Linda Mittelstadt |
| Dietary Director | Garet Chavez |
| Environmental Director | Mario Vazquez |

Business Hours
Monday-Friday
 9:00 AM-5:00 PM
Weekends
 10:00 AM-4:30PM

An Irish Blessing

"May flowers always line your path and sunshine light your day. May songbirds serenade you every step along the way. May a rainbow run beside you in a sky that's always blue. And may happiness fill you heart each day your whole life through."

Happy Spring from Our Home to Yours!



We are excited to welcome the month of May, all the flowers are in full bloom, the butterflies are in the air, and baby birds are getting just about big enough to test their wings. This month is filled with many special events coming our way. Jumping right into May Day; we will be making our own May Day baskets filled with beautiful flowers to hang upon our door. Then we will be celebrating Cinco de Mayo with Margaritas and maracas. For our Mother's Day celebration, we will enjoy sweet treats, tea, and a big thank you to our mothers for all they have done for us. In honor of Memorial Day, we will host our first Memorial Day BBQ with hamburgers, hot dogs, and everything patriotic to honor our veterans and the ones that sacrificed their own lives for us to remain free. Each and every celebration will have a theme to bring out the fun in all of us and we are so very blessed to be able to share these moments and building new memories with your loved ones. Happy May!



Welcome to Our Community!



We are pleased to welcome Ron and Lee to our Silver Oaks family. We are looking forward to getting to know each of you and building beautiful memories and friendships together!

To My Mother

*"You filled my days with rainbow lights,
Fairytale and sweet dream nights*

A kiss to wipe away the tears,

*Gingerbread to ease my fears
You gave the gift of life to me,*

*And then in love you set me free
I thank you for my tender care,*

For deep warm hugs and being there

*I hope that when you think of me,
A part of you, you'll always see."*

~Unknown~



Special Days in May



Looking forward to Celebrating May together!

- **May 1st- May Day Celebration-** this day we will reminisce of days gone by when people would leave little May Day baskets and run away. We will bring back the fun and make our own baskets!
- **May 8th Mother's Day-** we will celebrate with a special tea social and revisit memories of our own mothers.
- **Monday May 30th Memorial Day BBQ-** Celebrating the sacrifices of veterans. Silver Oaks will host our first barbecue of the season with everything patriotic!



God Bless America Home of the free and the brave!

CANDID CAMERA: Good Times at Silver Oaks!



Residents enjoying our monthly birthday celebration.



Celebrating Palm Sunday last month.



Enjoying quiet time with art!

FRIENDLY REMINDER

Even though many places are not requiring the wearing of masks, Silver Oaks is still required to follow certain guidelines. We appreciate each one of you and want you to be able to share quality time with your loved ones but please understand that certain protocols still need to be in place to ensure the safety for all. Please call ahead in advance to schedule visit, sign in when you arrive, wear your mask at all times. Let's all work together to stay safe!

*Let's Work Together
To be Safe Together!*

A Shout Out to Our Family Members

All of our staff at Silver Oaks would like to say thank you for all the sweet treats and goodies that family and friends share with our staff. From sweet treats to pretty flowers, your gifts help to put more pep in our step. We so appreciate this kindness as it makes us each feel special and brings smiles to our faces. Thank you!



Alert for Allergy Season

It's the season for allergies. Local weather forecasts often include pollen counts. But if you miss those numbers, you can still be prepared with a do-it-yourself weather check. Expect symptoms to flare up when it's windy, warm, and dry. During rainy weather and breeze-free days, the pollen level will likely be lower.



Our Deepest Sympathy

Our deepest sympathies to the families and friends of Estelle and Brock. Hoping that time will heal the sadness you feel in your hearts. Estelle will be missed by all of us.

Please accept our deepest condolences and may Estelle be at peace. We are all so grateful for the time that we were able to spend with them.



Resident Spotlight

Rita

Rita is such a fun-loving lady that truly has a zest for life. She is a wonderful addition to our Silver Oaks family. Rita is a gentle soul, finding pleasure in the simple things in life. When we go walking as a group she notices the smells and the breeze in her hair and she will catch glimpses of bright colored flowers. She reminds us all to enjoy each and every moment. When reminiscing, she always brings her dad into the conversation and just how much she loves him and how much they shared together and how she was a daddy's girl. She has a great love for her children and grandchildren and holds them very dear to her heart and loves them to the moon and back. Rita also loves kittens and time at the beach. This could be a reminder that all people should take the time to notice the simple beauty of life and be a little more like Rita.





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