



SILVER OAKS Memory Care

16 Coleman Place • Menlo Park, CA 94025 • (650) 322-2022

November 2021

November A Time to Reflect and Be Thankful ...

The holiday season has once again arrived. The month of November will be dedicated to thankfulness and the many blessings that have been bestowed to all of us at Silver Oaks. There are so many wonderful people that have reached out to our community with kindnesses and thoughtfulness that our cup runneth over with gratitude. We once again look forward to celebrating Thanksgiving with your loved ones. We will be having a traditional Thanksgiving with all the trimmings, and we must not forget the pumpkin pie with a dollop of fresh whipped cream. Throughout the month of November we will reminisce about the first Thanksgiving between the indigenous peoples of the new world and the pilgrims and how they taught the people to survive that first long cold winter. Of course we will share turkey jokes and some Butterball advice from the Butterball hotline. We remember to be thankful for the simple act of being together and all our blessings. Happy Thanksgiving from our home to yours!



Wishing you all the happiest of Thanksgiving, because truly we all have a lot to be thankful for....



Silver Oaks Management Team

Executive Director Nancy Rubio
Resident Care Coordinator Adriana Garcia
Resident Development Director Amanda Lee
Activity Director Linda Mittelstadt
Dietary Director Garet Chavez
Environmental Director Mario Vazquez

Business Hours

Monday - Friday
9:00 AM - 5:30 PM
Weekends
10:00 AM - 4:30 PM

November Poem

*Orange pumpkins full and round...
Cornstalks gathered on the ground...
Blue skies clear and autumn - bright...
Harvest moons and frost at night...
Leaves raked high in great big piles...
November sights bring thankful smiles...*

Welcome to Our Community!

We are very pleased to welcome Marilyn and John to our Silver Oaks community. We look forward to getting to know each one of you and build beautiful memories and friendships together. Welcome all to Silver Oaks!



Veterans Day...

In the year of 1918 the "eleventh hour of the eleventh day of the eleventh month" signaled the end of World War I. Veterans Day originated as Armistice Day on November 11th one year after the end of WWI. This very special day is known to us as Veterans Day. We have many men and women who served in the armed forces, and Silver Oaks would love to show our appreciation of their service. We will wear a red poppy to let them know we have not forgotten, also 2 minutes of silence for the fallen followed by a recitation of "Flanders Fields". Silver Oaks would like to shout a big thank you for all who served our country.



November Special Days

Looking forward to celebrating the month of November at our community. We all have so much to be thankful for at Silver Oaks and are blessed to gather once more. Here's a peek at some of the fun activities that we will share together to make the season of giving a memorable one.

- **November 2nd:** Cookie Monster's Birthday, Guess the cookie tasting with hot chocolate
- **November 6th:** National Nacho Day, Screams Nacho party!
- **November 9th:** Nuts About Peanut Butter Day, Making peanut butter bird feeders
- **November 11th:** Veterans Day celebration
- **November 23rd:** Thanksgiving Celebration



What to Do With Leftover Turkey!

- Stuffing and Turkey Casserole
- Turkey and Pasta Ranch Salad
- Turkey Salad on Wheat Bread
- Turkey Verde Enchiladas



Employee of the Month Yolanda!

Silver Oaks is very proud to announce that Yolanda has been chosen as employee of the month. She has such kindness and patience that really shine through when she is working with the residents. She makes sure that their daily needs are met with grace and dignity. Silver Oaks is blessed to have Yolanda as part of our team! Thank you for making such a difference and having such a caring heart. You really make a difference and we all appreciate you!



Announcement for Upcoming Holiday Season

We're hoping 2022 will be a better year when once again we'll have the Christmas Party for the residents & families as well as our staff. I know it's been a long two years with COVID, but hopefully it will be better come 2022. Thank you everyone for understanding, and if you have any questions, let us know.



Still Time for the Flu Shot

If you haven't gotten your flu shot yet, it's not too late. Experts say the ideal time to get the vaccine is by the end of October, but getting it later can still be beneficial. Since it takes about two weeks for the vaccine's antibodies to develop in the body to start providing protection, make a point to get the shot as soon as possible.



Let's all be safe, happy and healthy!



Congratulations!

Silver Oaks is very honored to be recognized as one of the best Memory Care Communities in the Bay Area. Our team and staff strive to make a difference in the lives of others.

Our Deepest Sympathy

Our deepest sympathies to Dale's family and friends. Hoping that time will heal the sadness you feel in your hearts. Dale will be missed by all of us. Please accept our deepest condolences and may Dale be at peace. We are all so grateful for the time that we were able to spend with him.



Sharelle...

Sharelle was born in Los Angeles and at the age of two moved to the Bay Area, where she has resided ever since. First Redwood City and then it was decided to settle in Atherton, where she has many fond memories of her childhood. At the age of 17 she attended the University of Mexico, but was distracted and decided she should return home to focus on her degree. This being a good decision, Sharelle attended Dominican College, where she received her BA degree in history. She has a true love of learning. She also enjoys classical movies, sports, and also loves to correspond to stay connected to friends and family. This brings her much joy. Sharelle has lived in our community for almost 20 years and we truly love her.





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