



SILVER OAKS Memory Care

16 Coleman Place • Menlo Park, CA 94025 • (650) 322-2022

September 2021

End of Summer Celebrations

It is really hard to believe that Fall is knocking at the door. School is in session, the trees are changing color, and the days are getting shorter. Labor Day signals to us that summer has ended and a new season is at hand. Our Community will say goodbye to summer by hosting a community Labor Day barbecue with hamburgers, hot dogs, and sweet melons. Also we will be having a variety of fun outdoor summer games out on the patio. We have so much to enjoy in the upcoming month of September that we won't even notice the turn of the season! We have football tailgates to look forward to, apple tasting, and making scarecrows together. We look forward to enjoying all things fall, especially the return of the sweet smell of pumpkin spice and warm cozy sweaters. Autumn brings a wonderful feeling of warmth to all of us at Silver Oaks, and we hope it is the same for all of you. Now with summer winding down and the approach to the harvest season let's just say "Shine on Harvest Moon."



Silver Oaks Management Team

Executive Director Nancy Rubio
Resident Care Coordinator Adriana Garcia
Resident Development Director Amanda Lee
Activity Director Linda Mittelstadt
Dietary Director Garet Chavez
Environmental Director Mario Vazquez

Business Hours

Monday- Friday
9:00 AM- 5:30 PM
Weekends
10:00 AM- 4:30 PM

*"By all these lovely tokens, September days are here
With summer's best of weather, And Autumn's best
of cheer"
Author Unknown*

Welcome to Our Community!

We are very pleased to welcome Rose and David to our Silver Oaks community. We are looking forward to getting to know each one of you and build beautiful memories and friendships together. Welcome all to Silver Oaks!



The Scents of Autumn

This time of year is filled with wonderful scents like cinnamon spice, apple, and pumpkin spice. These smells can trigger so many wonderful memories and bring us to a happy warm spot. From apple tasting to apple stamping, and all the warm smells of the season surrounding us, what a wonderful way to enjoy autumn at Silver Oaks. Happy Fall Everyone from the Silver Oaks Team!



September's Special Days

- **September 2nd: V-J Day-** the surrender of Japan. We will remember this victorious day, by fun trivia followed by music and songs that helped to get them through the war. Afterwards we will have a cake and coffee social.
- **September 6th: Labor Day-** Saying goodbye to summer the only way we know how by hosting our annual Labor Day barbecue.
- **September 11th: Patriot Day-** This special day of remembrance for all the fallen and the heroes that were on the front lines, Firemen, Doctors, Nurses and even civilians, we will remember with a moment of silence and prayer.
- **September 12th: Grandparents Day-** Every grandparent is special. We will enjoy a little grandparent humor and toast with a delicious chocolate shake to say thanks in a big way!
- **September 18th: National Cheeseburger Day-** No better way to celebrate this day than to go to McDonald's and order out with a cool icy glass of soda!

The Joy of Creating Art Together at Silver Oaks

Although sometimes messy, creating art together during our crafting activities is a wonderfully good time. When a project all comes together, the magic happens. One day a resident commented, "Have you lost your mind? How can two Popsicle sticks and a clothes pin possibly turn into a beautiful dragonfly?" She was then pleasantly surprised! The wonderful look of accomplishment our residents get out of crafting activities is the greatest success of all. This activity brings joy to our hearts as well as theirs.



Coming Soon: A Visit From Ginger the Bunny

Coming soon to Silver Oaks, we will be enjoying a visit from Ginger. Animals bring out wonderful feelings and fond memories for all people. Just petting or even holding a soft animal can bring calm and joy, a kind of soft, furry feeling. We are so looking forward to this very special visit from Ginger, a very special bunny.

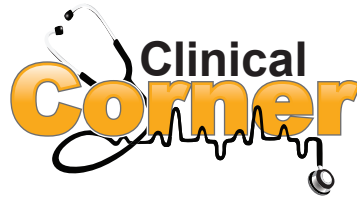
Memorable Melody: 'Shine On, Harvest Moon'

The harvest moon rises bright and full at the start of fall, and the boy in this classic tune wishes it would light the way to love for him and his sweetheart as they sit under a willow tree. The song is credited to married vaudeville stars Jack Norworth and Nora Bayes, who debuted it in the Ziegfeld Follies of 1908, earning rave reviews. In the years since, this standard has been recorded by a variety of artists and included in numerous movies and TV shows.

Our community loves to sing this song together for the arrival of Fall!

Welcome Mario

We all want to give a very warm welcome to Mario. He is our new Environmental Director. Mario is very vital to Silver Oaks; when something needs repairing he is the one we all call on and he gets the job done. We all so appreciate him. He is always willing to give a helping hand wherever it is needed and he does it with a smile! So welcome aboard, Mario; we are happy that you are part of our Silver Oaks Team!



Right around the corner is flu season. Especially this year, we would like to give a friendly reminder to get your flu shot. Remember to keep the flu at bay: continue washing hands, wiping down surfaces and covering your nose and mouth. We wish for all to be happy, healthy, and stay safe. Above all, it is important to not spread the germs. If you are not feeling well, stay home, rest, have a nice cup of hot tea and take care of yourself!

A Sweet Tidbit of Advice

*1 Tablespoon of love
A teaspoon full of laughter
A pinch of penitences
A dash of kindness
Wishing You All
A wonderful start to fall
From our Silver Oaks Family!*



A Little About Brock...

Brock is just the kindest, gentlest man! We are very blessed that he is part of our community. For many years Brock was a top notch automobile salesman and was very good at his job. He has lasting memories with the people he worked with over the years who still remain his friends to this day. Over the years he and his partner shared the love of automobile racing and the beauty of classic cars. Music is also one of Brock's great loves. Whenever he hears a jazzy song his fingers snap right along with the beat and his eyes light up to the sound of big band music. He traveled the United States and enjoyed all of our beautiful national state parks. He has the best smile and gives the best hugs ever. If you are lucky enough, Brock just might dance with you. I've just got to say he makes everyone's day a little bit brighter right here at Silver Oaks!





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