



SILVER OAKS Memory Care

16 Coleman Place • Menlo Park, CA 94025 • (650) 322-2022



Silver Oaks Management Team

Executive Director Ollie Vance
Resident Care Coordinator Shayla Brewster
Director Of Resident Development ... Angie Agui
Activity Director Linda Mittelstadt
Dietary Director Susana Sanchez
Environmental Director Mario Vazquez

Business Hours

Monday-Friday
9:00 AM-5:00 PM
Weekends
10:00 AM-4:30 PM

Visiting Hours

9:00 AM-7:30 PM

*"There are flowers enough in the
Summertime
More flowers than I can remember.
But none with the purple gold and red
That dye the flowers of September!"
~ Mary Hewitt (1797-1888)*

September 2023



SAVE THE DATES

- **September 1st - Labor Day Barbecue:** Our Silver Oaks Community will be hosting a barbecue to kick off the holiday weekend; come and join us to celebrate all those hard workers!
- **September 10th - Grandparents Day:** On this special day I will be asking our family members to send us pictures of residents' grandchildren. We will also be hosting a tea party social on the 8th of September to celebrate all of our grandmas and grandpas!
- **September 15th - International Dot Day:** We plan to celebrate large with Dippin' Dots Ice cream and bingo dauber art! Don't forget to wear your polka dots!
- **September is "Bake and Decorate Month":** Ready, set, bake! Let's get ready to bake and decorate some fun festive cookies this month! Check your activity calendar for more details and dates.

HAPPY LABOR DAY





Welcome to Our Community

We are pleased to welcome **John, Beatriz, and Nancy** to our Silver Oaks Family. We are looking forward to getting to know each of you and building beautiful memories together!

September Is "Housekeepers Month"

All of us at Silver Oaks would like to give a big thank you to our wonderful housekeeping staff, who work so very hard to keep things neat and tidy for us. We appreciate every one of them! Not only do they make things shine in our community, they also have sweet interactions with our residents on a daily basis that do not go unnoticed. We would like to celebrate each of you with a recognition party to say "Thank You" for all of your hard work done with a smile on your face! Stay tuned for details on dates and times for our celebration of you all.



Associate Spotlight

Associate of the Month: Kala

We would like to congratulate Kala for being voted Associate of the Month. Her dedication and caring ways are commendable! She is always willing to give a helping hand and make a difference in the day to day lives of our residents. Kala always has a smile on her face and a great sense of humor. She spreads sunshine wherever she goes. People like Kala bring a special kind of light to this community, and we truly appreciate all the positive energy that she puts into her job. Kala is our A.M. Med tech, so if you see her just stop and say hi and thank her for all she does!

Seasonal Snack: Caramel Apple Nachos

The taste of a caramel apple served up nachos-style makes an easy fall snack. Place apple slices on a plate and drizzle them with warm caramel sauce. Add chopped nuts, crushed pretzels, or chocolate chips. For peanut butter lovers, drizzle apples with melted peanut butter and top with chopped peanut butter cups.



Seasonal Craft: Apple Cider Sugar Scrub

Make your skin smell like fall with this homemade sugar scrub.

Materials:

- 2 packets powdered apple cider drink mix.
- Medium-sized bowl
- 2 cups brown sugar
- 2 teaspoons cinnamon
- Spoon
- 1/2 cup coconut oil
- Glass jar with lid

Directions:

Empty the packets of apple cider mix into a medium-sized bowl. Add brown sugar and cinnamon. Mix well with a spoon.

Add coconut oil to the dry mixture and use the spoon to incorporate all ingredients together. The coconut oil should soften as you stir.

Put the sugar scrub into the glass jar or other resealable container. Use the scrub on your body when you bathe. It can be stored for 6 months.



We are looking forward to doing this craft with our residents this fall season! The scent of apples will be sure to stir up fond memories and be a great sensory activity!

Shout Out to Redwood Hospice Team

We would like to thank Redwood Hospice for all they provide for our residents. From continued training for our staff, providing wonderful insight, and always being willing to lend a hand. Also, their gentle caring of our residents in need at any given moment is exemplary! So, we would like to say thank you for everything that Redwood Hospice has to offer, and the gentle way you provide this special service to the ones under your care.



Updating Wardrobes

With cooler weather right around the corner, now is a good time to update your loved one's wardrobe. Please make sure that he or she has plenty of warm clothing including jackets and sweaters. When doing this, please remove any out-of-season clothing if needed to make space.



Give Us a Follow

Check out the Silver Oaks social media pages to see what shenanigans we are up to. Stay up to date with the upcoming events, activities, and community news by making sure to follow and like!

Facebook: Silver Oaks Memory Care

Instagram: @silveroaks



Our Deepest Sympathy

Our deepest sympathies to the family and friends of Pam. Hoping that time will heal your hearts. Pam will be missed by all of us. Please accept our deepest condolences and may Pam be at peace. We are so grateful for the time that we were able to spend with her.



Pam will always be in our thoughts and in our hearts...



Family Member of the Month

Our Silver Oaks team would like to say thank you to Janeen for all of her hard work to the beautification of our outdoor space. It is truly a labor of love. Janeen has gone out of her way collecting terra cotta pots, outdoor furniture, and bird feeders for our patio. She is helping to create a place that is peaceful and relaxing for our residents. We truly appreciate all the hard work and planning that have gone into this project and can't wait to see when it all comes together! This is the reason that we have chosen Janeen as Family Member of the Month. Thank you for all you do from all of us at Silver Oaks. Your kindness and dedication will always be remembered.



We are looking forward to enjoying this space for many years to come. Once again thank you for all you have done!



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